

Goals

- Control hemorrhage and maintain perfusion
- Identify and treat limb-threatening injuries
- Minimize further injury and pain through effective immobilization
- Adequate pain management

Control external hemorrhage

If life-threatening hemorrhage, consider commercial tourniquet

Administer fluid to maintain blood pressure ~100mmHg

Realign long bone fractures (1 attempt) after appropriate analgesia and/or sedation

Splint long bone fractures

Consider administering TXA (1g mixed in 100mL normal saline run over 10 minutes IV)

Stabilize penetrating objects *in situ*

Tips

- Manage life-threatening injuries first
- Always verify neurovascular status of limb, including after any interventions
- If tourniquet is used, place it as distal as possible, document time applied and indication for using, and contact OLMC